



**Outpatient CHI™ Assessment Question & Response with NOMS State of Iowa -
Combined Members & Non-Members Age 18+
Measurement Period: September 01, 2010 through June 30, 2011**

CHI Assessment Question Number & Text	Response Options		Number Responses 1st	% Response 1st	Number Responses Second Measure	% Response Second Measure
What is your gender	Male		4270	36.0	338	28.0
	Female		7644	64.0	852	72.0
What is your date of birth	M/D/Y	18-24	2497	21.0	267	22.4
	Calculate age and report breakout:	25-34	3177	26.7	311	26.1
		35-44	2452	20.6	261	21.9
		45-54	2302	19.3	209	17.6
		55-64	1106	9.3	107	9.0
		65-74	282	2.4	25	2.1
		75+	98	0.8	10	0.8
1 I think that I can deal effectively with daily problems	Strongly Agree		1632	13.7	176	14.8
	Agree		4281	35.9	480	40.3
	I am Neutral		3459	29.0	336	28.2
	Disagree		2039	17.1	171	14.4
	Strongly Disagree		503	4.2	27	2.3
2 How confident are you about bouncing back from problems?	Extremely		2155	18.1	199	16.7
	Quite a lot		5384	45.2	545	45.8
	Somewhat		2906	24.4	335	28.2
	Little		979	8.2	88	7.4
	Not at all		490	4.1	23	1.9
3 During the past 4 weeks, Have you made and followed a plan to take care of your physical or mental health?	Always		1686	14.2	116	9.7
	Often		3713	31.2	343	28.8
	Sometimes		3795	31.9	450	37.8
	Rarely		2088	17.5	250	21.0
	Never		632	5.3	31	2.6
4 In general, would you say your health is:	Excellent		3215	27.0	314	26.4
	Very good		4892	41.1	481	40.4
	Good		2213	18.6	240	20.2
	Fair		708	5.9	82	6.9
	Poor		886	7.4	73	6.1
The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?						
5a. Moderate physical activities, such as getting groceries or going to the mailbox.	Yes, limited a lot		1414	11.9	137	11.5
	Yes, limited a little		3207	26.9	322	27.1
	No, not limited at all		7293	61.2	731	61.4
5b. Climbing several flights of stairs	Yes, limited a lot		2355	19.8	250	21.0
	Yes, limited a little		3434	28.8	362	30.4
	No, not limited at all		6125	51.4	578	48.6
During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?						
6a. Achieved less than you would like	All of the time		1097	9.2	74	6.2
	Most of the time		1976	16.6	199	16.7
	Some of the time		3024	25.4	310	26.1
	A little of the time		2083	17.5	234	19.7
	None of the time		3734	31.3	373	31.3
6b. Were limited in the kind of work or other activities	All of the time		1138	9.6	83	7.0
	Most of the time		1679	14.1	173	14.5
	Some of the time		2667	22.4	294	24.7
	A little of the time		1926	16.2	202	17.0
	None of the time		4504	37.8	438	36.8

CHI Assessment Question Number & Text	Response Options	Number Responses 1st	% Response 1st	Number Responses Most Recent	% Response Most Recent
During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?					
7a. Achieved less than you would like	All of the time	1234	10.4	76	6.4
	Most of the time	2823	23.7	233	19.6
	Some of the time	3695	31.0	409	34.4
	A little of the time	1981	16.6	229	19.2
	None of the time	2181	18.3	243	20.4
7b. Were less careful than usual	All of the time	1138	9.6	83	7.0
	Most of the time	1679	14.1	173	14.5
	Some of the time	2667	22.4	294	24.7
	A little of the time	1926	16.2	202	17.0
	None of the time	4504	37.8	438	36.8
8 During the past 4 weeks, how much did pain interfere with your daily activities?	Not at all	3652	30.7	373	31.3
	A little bit	2984	25.0	335	28.2
	Moderately	2129	17.9	226	19.0
	Quite a bit	2223	18.7	180	15.1
	Extremely	926	7.8	76	6.4
These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks:					
9a. Have you felt calm or peaceful?	All of the time	415	3.5	55	4.6
	Most of the time	2297	19.3	312	26.2
	Some of the time	3672	30.8	395	33.2
	A little of the time	3981	33.4	328	27.6
	None of the time	1549	13.0	100	8.4
9b. Did you have a lot of energy?	All of the time	600	5.0	50	4.2
	Most of the time	1876	15.7	224	18.8
	Some of the time	3614	30.3	390	32.8
	A little of the time	3748	31.5	343	28.8
	None of the time	2076	17.4	183	15.4
9c. Have you felt downhearted and depressed?	All of the time	1385	11.6	80	6.7
	Most of the time	3323	27.9	280	23.5
	Some of the time	3540	29.7	375	31.5
	A little of the time	2475	20.8	304	25.5
	None of the time	1191	10.0	151	12.7
10 During the past 4 weeks, how much of the time has your health been a problem with such things as seeing friends or family?	All of the time	598	5.0	46	3.9
	Most of the time	1761	14.8	138	11.6
	Some of the time	3160	26.5	299	25.1
	A little of the time	2271	19.1	229	19.2
	None of the time	4124	34.6	478	40.2
11 Compared to 3 months ago, how would you rate your physical health in	Much better now	963	8.1	148	12.4
	Somewhat better now	1959	16.4	271	22.8
	About the same	6496	54.5	594	49.9
	Somewhat worse	1987	16.7	136	11.4
	Much worse now	509	4.3	41	3.4
12 Compared to 3 months ago, how would you rate your mental health in general now?	Much better now	1132	9.5	187	15.7
	Somewhat better now	2423	20.3	366	30.8
	About the same	4619	38.8	423	35.5
	Somewhat worse	2612	21.9	176	14.8
	Much worse now	1126	9.5	36	3.0
	Prefer Not to Answer	2	0.0	2	0.2

CHI Assessment Question Number & Text		Number of Days Missed			Number Responses 1st	Average # of Days 1st	Number Responses Most Recent	Average # of Days Most Recent
		Min	Max	STD DEV				
13 How many days have you missed from work/school or regularly scheduled activities in the past 4 weeks due to your health?		0	31					
	0 Days Missed				8405	0	831	0
	1 Day Missed				640	1	67	1
	2 Days Missed				638	2	80	2
	3 Days Missed				456	3	45	3
	Greater Than 3 Days Missed				876	5.1	86	4.9
	Greater Than 7 Days Missed				419	10.6	45	10.4
	Greater Than 14 Days Missed				204	18.4	12	18.5
	Greater Than 21 Days Missed				96	26.9	7	25.0
	Greater Than 28 Days Missed				180	30.5	17	30.4
14 If you said "1 or more" days a week in Question 13, how many were due to being in the hospital?		1	31					
	0 Days Missed				11204		1125	
	1 Day Missed				211	1	25	1
	2 Days Missed				126	2	12	2
	3 Days Missed				112	3	5	3
	Greater Than 3 Days Missed				176	5.1	19	5.5
	Greater Than 7 Days Missed				47	9.9	3	11.0
	Greater Than 14 Days Missed				15	17.8	1	15
	Greater Than 21 Days Missed				6	25.8		
	Greater Than 28 Days Missed				17	30.5		
CHI Assessment Question Number & Text		Response Options			Number Responses 1st	% Response 1st	Number Responses Most Recent	% Response Most Recent
15 During the past 4 weeks, about how often did you usually drink alcohol?	Every day				105	0.9	2	0.2
	Almost every day				218	1.8	12	1.0
	3-4 days a week				336	2.8	22	1.8
	1-2 days a week				1020	8.6	61	5.1
	Less than once a week				2303	19.3	176	14.8
	Prefer Not to Answer				349	2.9	44	3.7
	Never				7583	63.6	873	73.4
16 If you answered "1 or more" days a week in Question 15, how many drinks of alcohol did you drink on a typical day?	8 or more drinks				203	1.7	15	1.3
	6-7 drinks				180	1.5	12	1.0
	4-5 drinks				367	3.1	19	1.6
	3 drinks				393	3.3	37	3.1
	2 drinks				624	5.2	37	3.1
	1 drink				951	8.0	74	6.2
	0 drinks				7633	64.1	880	73.9
	Prefer Not to Answer				1563	13.1	116	9.7
17 During the past 4 weeks, about how often did you use drugs other than those prescribed?	Every day				159	1.3	9	0.8
	Almost every day				167	1.4	6	0.5
	3-4 days a week				155	1.3	8	0.7
	1-2 days a week				246	2.1	10	0.8
	Less than once a week				429	3.6	23	1.9
	Never				10335	86.7	1103	92.7
	Prefer Not to Answer				423	3.6	31	2.6
18 If you use alcohol or drugs (other than those prescribed), how much does it interfere with your life?	All of the time				339	2.8	35	2.9
	Most of the time				344	2.9	30	2.5
	Some of the time				489	4.1	36	3.0
	A little of the time				820	6.9	45	3.8
	None of the time				9922	83.3	1044	87.7
19 During the past 4 weeks, how much of the time have you heard or seen things that other people don't?	All of the time				209	1.8	19	1.6
	Most of the time				386	3.2	25	2.1
	Some of the time				819	6.9	98	8.2
	A little of the time				1303	10.9	121	10.2
	None of the time				8715	73.1	896	75.3
	Prefer Not to Answer				482	4.0	31	2.6

20	During the past 4 weeks, how much of the time have you been anxious or worried?	All of the time	2040	17.1	126	10.6
		Most of the time	3977	33.4	360	30.3
		Some of the time	3351	28.1	382	32.1
		A little of the time	1812	15.2	219	18.4
		None of the time	734	6.2	103	8.7
21	How much do you agree with the following statement: I am confident that treatment/therapy can help me.	Strongly Agree	5162	43.3	561	47.1
		Agree	4516	37.9	439	36.9
		I am Neutral	1937	16.3	160	13.4
		Disagree	168	1.4	18	1.5
		Strongly Disagree	131	1.1	12	1.0
CHI Assessment Question Number & Text		Response Options	Number Responses 1st	% Response 1st	Number Responses Most Recent	% Response Most Recent
If you are currently in treatment, please answer the following questions:						
22a. I feel my provider is caring and has concern for me.		Strongly Agree	4352	36.5	619	52.0
		Agree	2958	24.8	378	31.8
		I am Neutral	2229	18.7	128	10.8
		Disagree	136	1.1	20	1.7
		Strongly Disagree	80	0.7	10	0.8
		User did not Answer (Optional)	2159	18.1	35	2.9
22b. I believe that I can better cope with my problems.		Strongly Agree	2253	18.9	349	29.3
		Agree	3382	28.4	475	39.9
		I am Neutral	3453	29.0	266	22.4
		Disagree	462	3.9	43	3.6
		Strongly Disagree	158	1.3	21	1.8
		User did not Answer (Optional)	2206	18.5	36	3.0
23b. The problem that I came in for treatment/therapy for is better.		Strongly Agree	1980	16.6	284	23.9
		Agree	2900	24.3	462	38.8
		I am Neutral	3977	33.4	316	26.6
		Disagree	603	5.1	64	5.4
		Strongly Disagree	228	1.9	25	2.1
		User did not Answer (Optional)	2226	18.7	39	3.3
NOMS Assessment Question Number & Text		Response Options	Number Responses 1st	% Response 1st	Number Responses Most Recent	% Response Most Recent
Members who took the CHI Assessment and the NOMS						
Race/Ethnicity: (Select all that apply)		1) Black or African American	441	4.2	42	4.8
		2) Asian	48	0.5	6	0.7
		3) Native Hawaiian or Other Pacific Islander	7	0.1	1	0.1
		4) Hispanic	129	1.2	15	1.7
		5) American Indian or Alaska Native	114	1.1	14	1.6
		6) White	8186	78.5	726	82.0
		7) Other or Not Volunteered by the Recipient	1500	14.4	81	9.2
School/Employment: (Select one/best description)		1) Regular Attendance School	778	7.5	103	11.6
		2) Sporadic Attendance School	62	0.6	7	0.8
		3) Enrolled in School but Rarely Attends	24	0.2	1	0.1
		4) Dropped out from School	224	2.2	17	1.9
		5) Pre-School Age Child	2	0.0		
		6) Employed Full-Time Without Support	1235	11.9	61	6.9
		7) Employed Part-Time Without Support	664	6.4	59	6.7
		8) Employed Full-Time With Support	273	2.6	13	1.5
		9) Employed Part-Time With Support	392	3.8	36	4.1
		10) Volunteer/Unpaid Work	129	1.2	13	1.5
		11) Training/Education	84	0.8	13	1.5
		12) Not in Labor Force	1340	12.9	194	21.9
		13) Unemployed	2206	21.2	183	20.7
		14) Unknown or Not Applicable	3012	28.9	185	20.9
Housing Options are: (select one/best description)		1) Private Residence	6986	67.0	639	72.2
		2) Foster Home	34	0.3	7	0.8
		3) Children's Residential Treatment	10	0.1	4	0.5
		4) Residential Care	275	2.6	46	5.2
		5) Crisis Residence	9	0.1		
		6) Institutional Setting	25	0.2	3	0.3
		7) Jail/Correctional Facility	49	0.5	1	0.1
		8) Homeless or Shelter	139	1.3	3	0.3
		9) Other Living Situation	794	7.6	56	6.3
		10) Living Situation Not Available	2104	20.2	126	14.2
Criminal Justice Options are:		1) No Arrests in Prior 30 Days	6684	64.1	663	74.9
		2) Arrest(s) in Prior 30 Days	233	2.2	19	2.2
		3) Unknown	3508	33.7	203	22.9